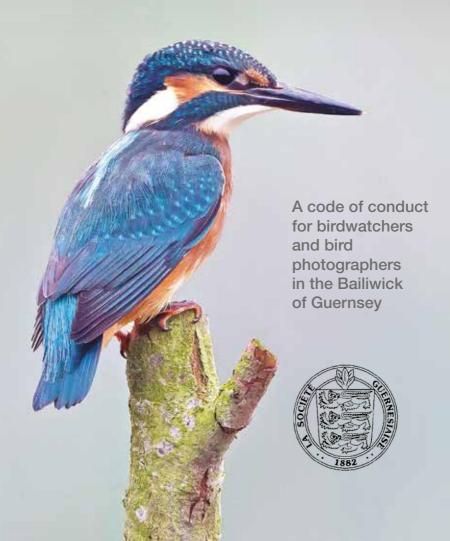
# Strictly for the birds





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1

### Why do we need a code of conduct?

Twenty years ago it was possible for as many as six hundred dunlin to be seen in one flock at Vazon Bay during the winter months. Today a flock of a hundred birds would be regarded as exceptional. Whilst the decline of this particular species is extreme, there has been a substantial drop in the numbers of all wading birds that visit our shores. Sadly, this trend is not just limited to wading birds. Many other

species are also threatened. When did you last enjoy the song of a skylark? When did you last hear a cuckoo?

There are many reasons for this.
The relentless commercialisation of
Guernsey and the never-ending demand
for more houses has inevitably reduced
the habitat available for our wildlife.
An increasing population with more
leisure time than in previous decades



is also making demands upon habitats previously enjoyed by our wildlife – dog-walkers, hikers, birdwatchers, horse-riders, cyclists, motorcyclists, paragliders, shooters, golfers, cliff-climbers, coasteerers, boaters, kayakers, bathers and others. In fact, all of us. It is hardly surprising that you rarely see a beach where our waders can be left to feed and rest undisturbed.

We cannot hope to address these issues in this little booklet but we can do our best to ensure that those of us who love observing birds or photographing them do nothing to make their conditions even more difficult than they already are and that wherever possible we protect their habitat and breeding sites. If we all follow the

birdwatchers' code, it should enable us to enjoy seeing and photographing birds without harming them or their habitat.

The purpose of the code is first and foremost to promote the welfare of our birds but it also asks us to show respect for other people, even if they do not share our interest in birds. The code applies not just when you are at one of the Société's reserves or hides. but wherever you are watching birds in the Bailiwick or elsewhere. It has been compiled with reference to good practice as advocated by leading bird organisations, magazines and websites. The code will be most effective if we birdwatchers lead by example and sensitively challenge the minority who behave inappropriately.





### Important points to remember

### 1

#### Avoid disturbing birds and their habitats and always put the birds' interests first

Birds respond to people in many ways depending on the species, location and time of year. Any disturbance can keep birds from their nests, leaving chicks hungry or enabling predators to take eggs or young.

During cold weather or when migrants have just completed a long flight, scaring birds off, known as flushing, can mean they use up vital energy needed for breeding or further migration. This is particularly important for our waders which have to share the shoreline with swimmers, surfers and dog-walkers amongst others. Every time migrating birds are chased out to sea by dogs or others, their long-term survival chances are diminished. Intentional or reckless disturbance of any species at or near the nest is, of course, illegal in the Bailiwick of Guernsey.

Whether your particular interest is photography, ringing, sound-recording or watching, remember

that the interests of the bird must always come first.

Avoid going too close to birds or disturbing their habitats. If a bird flies away or makes repeated alarm calls, you are too close and if it flies off, you have lost your opportunity. If a bird appears distressed or agitated, then move away.

Stay on roads and paths where they exist and avoid disturbing habitat used by birds. Our cliff paths, although enjoyed by many of us, are often close to the nesting and roosting sites of a variety of birds. Don't be tempted to climb down cliffs for that special view or photograph. It could be seriously harmful to your own wellbeing as well as that of the bird.

Think about your fieldcraft. Disturbance is not just about going too close to birds. Dress appropriately, avoid bright colours and try to merge with the scenery. Avoid

sudden movements and arm waving. If possible, sit or lie down and wait for the bird to come to you. If sharing a hide or a viewing point with others, be mindful not to disturb their enjoyment and remember silence is golden! The ideal situation is when the bird you are watching does not know you are there.

Repeatedly playing a recording of birdsong or calls to encourage a bird to respond can be very harmful to breeding birds. It could divert a territorial bird from other important tasks, such as feeding or protecting its young. Never use playback to attract a bird during its breeding season. Unfortunately this practice is becoming more common with the use of mobile phone apps. If you witness it, try sensitively to explain to the user what harm he or she may be causing.

If birdwatching from a boat, do not drift into areas where seabirds are feeding. This is very important during the breeding season and remember that some birds like the puffin are in our waters only at that time.

In England it is a criminal offence to disturb, intentionally or recklessly. at or near the nest, a species listed in Schedule 1 of The Wildlife and Countryside Act 1981. Disturbance could include playback of songs and calls. English courts can impose fines of up to £5.000 and/or a prison sentence of up to six months for each offence. The current version of this schedule can be found on page 13. Similar legislation applies to Scotland, Wales and Northern Ireland but please note that because of devolution there are now some significant differences in the law between the constituent countries of the UK.

The UK act does not apply to the Bailiwick of Guernsey which has its own legislation in the form of The Protection of Wild Birds Ordinance 1949. Whilst not so specific, this ordinance protects all wild birds whereby wilful disturbance of breeding birds or their nests is a criminal offence. However, most harm is not caused by malevolent people but rather by well-meaning, unknowledgeable people.



### 2

#### Abide by the law and the rules for visiting open countryside and farmland

Respect the wishes of local residents and landowners and do not enter private property unless it is open for public access. Never enter fields containing crops, or those occupied by horses or other animals, without the specific consent of the farmer or owner. Even if you are on public land make sure

your behaviour does not agitate any animals in nearby fields. Irresponsible behaviour may cause a landowner or farmer to deny access to all responsible watchers and photographers. It may also disturb the birds or give birdwatching and bird photography bad coverage in the media.



### 3

#### Consider the needs of rare birds

Think about the interests of wildlife and local people before passing on news of a rare bird you may have spotted, especially during the breeding season. Mobile phones, the Guernsey Birds grapevine and the internet mean you can now share your sightings instantly. If you discover a rare bird, please bear the following in mind.

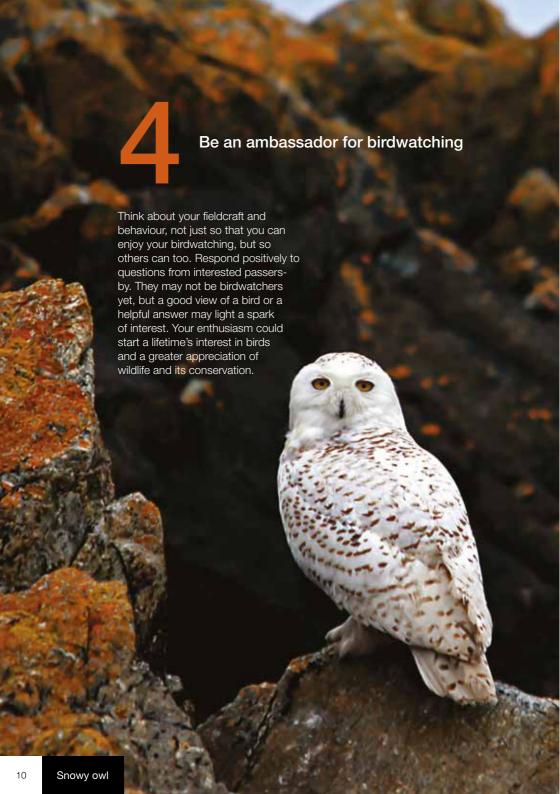
Consider the potential impact of spreading the news and make an effort to inform the landowner first (or, on a nature reserve, a Société official). Think about whether the site can cope with the likely number of visitors and whether sensitive species might be at risk, such as rare breeding birds, flocks of wading birds or even rare plants.



On private land, always talk to the owner first. With a little planning, access can often be arranged. Rare breeding birds are at risk from egg collectors and some birds of prey are often subject to persecution. If you discover a rare breeding species that you think might be vulnerable, contact La Société Guernesiaise, which has considerable experience in protecting rare breeding birds. On private land, also consider telling the owner – this may help ensure that the nest is not disturbed accidentally.

If you have the opportunity to see a rare bird, enjoy it, but don't let your enthusiasm override common sense. If you travel, park sensibly and follow instructions if the area is already under supervision. Don't get too close whilst trying to take a photograph – you'll earn the wrath of everyone else if you flush the bird out of sight. Birds should never be flushed in important wildlife habitats or where there are other nesting or roosting birds nearby. Be patient. If the viewing is limited, talk quietly and give others a chance to see the bird too.





#### Bird hides



There are many purpose-built hides around the Bailiwick, so wherever possible always try to take advantage of them. The hides will often give you the opportunity to see some lovely birds at close quarters without disturbing them. Never intrude into the areas in front of the hides. Apart from

disturbing the birds, you will not please anyone else wanting to use the hide.

Two hides are situated on the Société's reserve at Rue des Bergers, two at La Claire Mare and one each at the Colin Best Reserve and the Vale Pond. Other hides can be found at the Chouet headland and at Le Grand Pré.

You can find out more about the Société's reserves by logging on to its website (see page 23). Please always try to leave a hide in the condition in which you would like to find it. If some careless person has left litter in the hide, why not take it away yourself rather than leaving it for someone else to clean up?



## Protection of endangered birds in the Bailiwick

As referred to earlier in this code, the UK Wildlife and Countryside Act 1981 protects certain species of birds, their young, their eggs and their nest sites. The protected birds are listed in Schedule 1 of the act and that list can be found on the page opposite. Most of the listed birds are not known to nest in the Bailiwick but many do pass through during their spring and

autumn migrations. It is therefore important for us to be aware of the species of birds which are considered to be in need of protection and do all we can to ensure their safe passage through the islands. Many birds arriving on our shores will be exhausted and in need of food so be mindful of this and do nothing that will make feeding and resting more difficult for them.



#### The UK Wildlife and Countryside Act 1981, Schedule 1 species

Avocet Bee-eater Bittern Bittern, Little Bluethroat Brambling Bunting, Cirl Bunting, Lapland Bunting, Snow Buzzard, Honey Chouah Corncrake Crake, Spotted Crossbills (all species) Curlew. Stone Divers (all species) Dotterel Duck, Long-tailed Eagle, Golden Eagle, White-tailed

Firecrest Garganev Godwit, Black-tailed

Falcon, Gvr

Fieldfare

Goshawk

Grebe, Black-necked

Grebe, Slavonian Greenshank Gull. Little Gull. Mediterranean

Harriers (all species) Heron, Purple Hobby

Hoopoe Kingfisher Kite, Red Merlin Oriole, Golden Osprey Owl, Barn

Owl, Snowy Peregrine Petrel, Leach's Phalarope, Red-necked Plover, Kentish

Plover, Little Ringed Quail. Common Redstart, Black Redwing Rosefinch, Scarlet

Sandpiper, Green Sandpiper, Purple Sandpiper, Wood

Scaup

Scoter, Common

Scoter, Velvet

Serin Shorelark

Shrike, Red-backed

Spoonbill

Stilt, Black-winged Stint, Temminck's Swan, Bewick's Swan, Whooper Tern, Black Tern, Little Tern. Roseate

Tit, Bearded Tit, Crested

Treecreeper, Short-toed Warbler, Cetti's Warbler, Dartford Warbler, Marsh Warbler, Savi's Whimbrel Woodlark

Wryneck

Please also note that this schedule is subject to variation from time to time as the status of certain species changes.



### Protection of nesting birds in the Bailiwick

The breeding season is obviously a critical time for birds when in addition to their usual tasks of finding food and shelter they have to find mates and build nests. Then, if breeding is successful, they also have to feed and protect their young. Factors such as climate change and human encroachment on their habitats can, for some species, make each successive breeding season more difficult than the previous one.

Whilst most of the birds listed in the UK's Schedule 1 do not nest in the Bailiwick, if we are really fortunate, there are a few which may attempt to do so. In addition there are several non-listed birds for which nesting here

is a rare but welcome occurrence. The list below includes most of the birds that are likely to fall into the two categories referred to above but from time to time there may be others.

If you come across any of these species breeding in the Bailiwick, it is vital that you do not disturb them in any way, either by approaching the nest or by staying too long in the area in the hope of a better sighting or photograph. If you are fortunate enough to find yourself in this situation, please contact the Société's Bird Section or the RSPB, the experts of which will be very pleased to advise you on what action if any is appropriate to protect the birds.

Barn owl Black redstart Cetti's warbler Common buzzard Dartford warbler Firecrest Goldcrest Great spotted woodpecker Grey wagtail Kindfisher Little egret Little grebe Long-eared owl Marsh harrier Northern wheatear Peregrine falcon Raven Ringed plover Sand martin Sparrowhawk It is now common practice in the UK for bird magazines and bird websites not to publish photographs of endangered species during the period 1 March to 30 June each year. Those four months broadly cover the main breeding season. A similar policy has now been adopted by La Société Guernesiaise so that photographs of the birds listed

on the opposite page taken during the local restricted period will not ordinarily be published on the Guernsey Birds website. As breeding activity can occur earlier in the Bailiwick than in the UK the local restricted period begins on 1 February and ends on 30 June. Very exceptionally these restrictions may also be applied at other times.



#### Birds in your garden

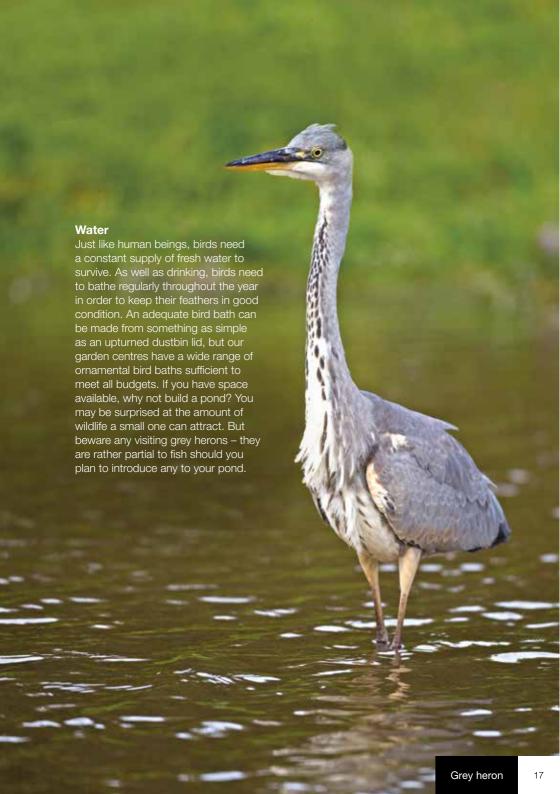
As continued development shrinks the remaining wildlife habitats in Guernsey, our gardens are becoming an increasingly important resource for many species of birds, some of which have suffered severe declines in recent years. There are a few simple things we can do in our gardens to help.

#### Food

A wide range of feeders and bird food is available from garden centres and this supplementary feeding is especially important in the winter months and early spring. Breadcrumbs are not a good food source as they do not contain enough fat and nutrients to help sustain the birds during cold weather.

You can increase the amount of naturally-occurring food by growing berry-producing plants and by leaving wild patches in the garden. Avoid insecticides or slug pellets as the latter also kill snails - one reason why the number of song thrushes in the UK has dropped by 59 per cent since 1979. Song thrushes like moist and shady areas with plenty of leaf litter in which to forage for worms and snails. We can help by mulching our flower beds and by not sweeping up leaves as soon as they fall. The number of bullfinches has also fallen. If you have space in your garden, bullfinches do like a nettle bed. As well as the seeds, they enjoy areas of thick undergrowth.





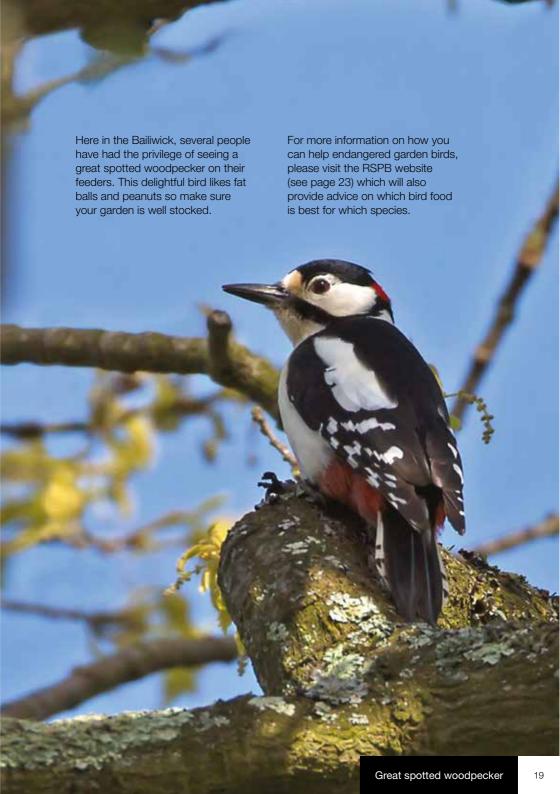
#### Shelter and nest spaces

Trees, hedges and shrubs, as well as providing nest sites for many birds, also provide shelter from wind, rain and predators. A carefully sited nest box will encourage birds to raise a family in your garden. A wide variety of nest boxes is now sold in most garden centres. Most popular are the boxes for robins, blue tits, great tits, starlings and house sparrows. Nest boxes specially designed for swallows and house martins are also available.

The number of house sparrows in the UK has dropped by 63 per cent since 1979. House sparrows enjoy gardens full of insects and seeds. They like areas of long grass as insects will thrive there and also the long grass produces more seed. House sparrows also need holes in which to nest. They used to find these under the eaves of old houses, but as the housing stock has been renovated or renewed these nest sites have reduced substantially in number. Fixing nest boxes to the underside of your eaves is one way in which you can help house sparrows.

Starlings have suffered an even more dramatic decline in the UK with their number falling 82 per cent since 1979. A lack of insects and fewer available nest sites are believed to be the main reasons for this decline. Whilst they are often dismissed without a glance when in large flocks, starlings, with their iridescent plumage, make very attractive garden birds.





A few more birds you may see in your garden...













### The environment and declining species

Guernsey is already overcrowded and in future the population is likely to continue to grow. This will require further developments in housing and infrastructure, mostly at the expense of the environment and our diminishing wildlife. If you are not already a member of La Société Guernesiaise Bird Section or the RSPB, why not join and help us in our efforts to protect what remains of the Bailiwick's wonderful wildlife? Both societies have a junior section and bird lovers of all ages are most welcome.









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